INTO St George's, University of London, offers students a unique opportunity to earn their medical degree at one of the UK’s top medical schools. Students will gain clinical experience in both the UK and the US.

**International Medicine (MBBS 6)** - a six year programme designed for students entering medical school after just graduating high school/completing 12 years of study.

**International Medicine (BSc/MD) (subject to validation)**

- A six year degree programme
- First four years spent at St George’s, University of London in Tooting. Final two years in clinical practice in the United States
- Enables the University to increase the number of international students, currently limited by the UK Government cap.

In particular, these courses provide a strong emphasis on professional and clinical practice with guided support and year-on-year progress testing towards the United States Medical Licensing Examination (USMLE).

More information the INTO program can be found here http://www.intohigher.com/uk/en-gb/about-into.aspx

ACADEMIC EXPERIENCE

Year 3 - Clinical Practice

In the third year you transition into clinical practice with a Problem Based Learning curriculum, representing a shift in emphasis from structured to self-directed learning.

Enrolled students in our International Medicine (BSc/MBBS) programmes will be exposed to clinical placements both in the UK and the US. In the UK, clinical placements will be held in St George's Hospital, as well as other hospitals in London and the surrounding areas.

By experiencing clinical placements in different countries, we aim for our students to be able to gain a strong understanding of international healthcare systems and differing models of medical care and treatment. The UK clinical placements will take place during years 1 to 3 of the International Medicine programme.

Year 4 - BSc (Hons) Basic Medical Sciences

In year four, you complete a year of biomedical science and focus on a medical research project. At the end of this year you graduate with a BSc (Honours) in Basic Medical Sciences.

The International Medicine (BSc/MBBS6) is underpinned by four themes:

- Basic and Clinical Sciences
- Patient and Doctor
- Community and Population Health
- Personal and Professional Development

Basic and Clinical Sciences is the largest theme in terms of its content, as it incorporates the majority of the factual knowledge students require to qualify. However, all four themes are of equal importance in equipping you for a professional life as a medical practitioner.

The fourth year provides advanced coverage of a variety of topics and the opportunity to undertake in-depth research, resulting in the award of a Bachelor of Science degree (with Honours). You will be supervised by academic and research staff in the individual research laboratories and at other sessions within St George’s, University of London. You choose from a variety of taught courses (examples previously offered given below) and will be able to undertake your research project in a related area:
The curriculum adopts a learner-centric approach where the emphasis is on both learning and teaching. The overall objective is to increase your understanding and your skills. Starting with a structured approach to learning that incorporates clinical placements, the approach shifts in emphasis through the clinical transition year (year three) towards a more self-directed model, reflecting your development as a learner. Case Based and Problem Based Learning around a central case as a starting point to allow you to understand the relevance of your learning to your future clinical practice as a doctor. Other learning activities, such as lectures, lab work, clinical demonstration, clinical and communication skills, medical law and ethics, are related to the week’s central case. The spiral curriculum is designed to help you revisit, deepen and extend your knowledge, skills and understanding, reinforcing materials previously covered, and allowing you to progressively build on skills.

**Years 5 and 6 - Clinical Practice**

The final two years (five and six) are spent in clinical practice in the United States.

For the final two years, which are spent in clinical practice in the United States (US and Canadian citizens) or the United Kingdom and the United States for holders of other passports, students will experience a wide range of clinical placements. Our first clinical site in the US is Jackson Park Hospital in Chicago, Illinois.

**Jackson Park Hospital, Chicago, Illinois**

Accredited by the Accreditation Council for Graduate Medical Education (ACGME) this not-for-profit charitable organization’s primary purpose is extending medical services in the fields of research, education, public health and community welfare. Jackson Park Hospital has been serving the south side of Chicago for nearly 100 years.
It is an acute, short-term comprehensive care facility with a 326-bed capacity. The hospital offers full medical, surgical, obstetric, paediatric, psychiatric, and medical stabilization services along with medical sub-specialties including cardiology, pulmonary, gastrointestinal disease, renal, orthopaedics, ENT, ophthalmology, infectious disease, HIV, haematology/oncology and geriatrics.

The emergency department handles approximately 25,000 patient visits annually with full-time attending physician coverage, nurse practitioners, resident physicians and medical students.

http://www.jacksonparkhospital.org/

In year 5 (International Medicine), there will be 42 weeks of core clinical placements covering the following subjects:

- Medicine
- Obstetrics/Gynecology
- Paediatrics
- Psychiatry
- Surgery
- Family Medicine
- Neurology

In year 6 (International Medicine) students will take:

- Critical Care and Anaesthesia – 4 week core placement
- Emergency Medicine – 4 week core placement
- Sub-Internship – 8 week placement
- Special Study module – 5 week placement
- Elective – 5 week placement. Students have the opportunity to complete electives in the US, UK and around the world

YOUR FUTURE

Through an integrated study programme of medical sciences and clinical sciences, graduates are fully equipped to perform well in the GMC Foundation Programme and further develop the essential knowledge and competencies needed to pursue a specialist discipline.

A medical qualification from St George’s, University of London is quality-assured and recognised internationally.

At the end of the undergraduate course you will receive your MBBS degree, which is a primary medical qualification (PMQ). Holding a PMQ entitles you to provisional registration with the General Medical Council, subject only to its acceptance that there are no Fitness to Practise concerns that need consideration. Provisionally registered doctors can only practise in approved Foundation Year 1 posts: the law does not allow provisionally registered doctors to undertake any other type of work.
To obtain a Foundation Year 1 post you will need to apply during the final year of your undergraduate course through the UK Foundation Programme Office selection scheme, which allocates these posts to graduates on a competitive basis. So far, all suitably qualified UK graduates have found a place on the Foundation Year 1 programme, but this cannot be guaranteed, for instance if there were to be an increased number of competitive applications from non-UK graduates.

Successful completion of the Foundation Year 1 programme is normally achieved within 12 months and is marked by the award of a Certificate of Experience. You will then be eligible to apply for full registration with the General Medical Council. You need full registration with a licence to practise for unsupervised medical practice in the NHS or private practice in the UK.

Although this information is currently correct, students need to be aware that regulations in this area may change from time to time.

**STUDENT LIFE**

Here at St George's, University of London we understand being student is about more than just getting a degree.

Here are just a few things that make St George's a fun and exciting place to be. The University's size and location make it unique. We are close enough to central London to have all the advantages of living in one of the most exciting cities in the world without all the cost. Our size means St George's has a genuine community feel - students can walk the corridors of our facilities from clinical teaching room to laboratory to hospital ward or clinic.

The University offers many opportunities to get involved in student life.

- Join our Students' Union, offering endless hours of entertainment on campus.
- Become a member of a club or society or start your own – an ideal way to make new friends.
- Take up a new sport or continue with your favourite activity - the Robert Lowe Sports Centre is on the St George’s site.
- Become a student ambassador and assist at open days.

**Facilities**

Some INTO St George's, University of London courses are delivered at the University's campus in Tooting, London, while others are delivered at the London Study Centre, or at a mixture of the two.

**St George's, University of London campus**

The University shares a campus with St George's Healthcare Trust, one of the UK's busiest hospitals. The University is part of a hub of an extensive network of acute hospital, primary care and social services provision. The combination of supportive learning environments with a wealth of local clinical experience contributes to the distinctiveness of the courses and the training that students receive is one immersed in the clinical environment.
Students have full access to the clinical skills Laboratories and patient simulators, as well as the University Library, and IT suites. Also based on site is a Sports Centre and the students' union.

The London Study Centre

The INTO London Study Centre provides a world-class student experience in the heart of London's financial district. The Centre is within a few minutes' walk of Liverpool Street station, providing excellent transport links across London, as well as a wide range of shops, restaurants and cafés.

The new state-of-the-art Centre provides first-class teaching and learning facilities for over 1000 students. The Centre has a café and comfortable, communal spaces where students can socialise and make new friends. Its first-rate teaching facilities are flexible to respond to a variety of learning requirements and include:

- a multi-purpose lecture theatre
- state-of-the-art IT and language laboratories
- a Learning Resource Centre
- tutorial and teaching classrooms
- student support services
- modern and comfortable breakout spaces.

The London Study Centre features the latest technologies to support our students' studies. All classrooms have interactive whiteboards, and there are two multimedia suites equipped with ISIS flipscreen computers.

Your Students' Union

Many of the social and leisure activities at St George’s revolve around the Students’ Union (SU), which offers regular events such as comedy nights, film nights and discos.

As a St George’s student, you automatically qualify for St George’s Students’ Union membership, with all the benefits that entails. These include a large bar, games room, music room, snooker room, coffee shop and other common rooms and offices.

You also get the added benefit of being part of the National Union of Students (NUS) and University of London Union (ULU); which offers support and advice along with social events you can take part in at its central London headquarters only 30 minutes away.
Sports

Sports fans spoilt for choice at St George’s. Our hockey, rowing, football, netball, rugby union, cricket, fencing and many other sports teams are all friendly and welcoming. They are also always on the lookout for new members. Whether you are international standard or have never played sport in your life, St George’s offers teams to suit your abilities.

The majority of our sports teams play in the British Universities & Colleges Sport (BUCS) and ULU leagues and cups. There is also the added competition of the historic inter-medical-school battles in the United Hospitals and National Medical Schools competitions.

The Robert Lowe Sports Centre on the St George’s site boasts three squash courts, aerobic training rooms, and two well-equipped weight-training rooms, including free weights. In addition, a large sports hall is used for badminton, volleyball, netball, five-a-side football, cricket nets and other training activities.

Away from St George’s, rowing is available at Chiswick on the Thames and sailing is based at Royal Victoria Dock.

High society

If all that sport sounds a bit too strenuous or you would like to balance physical activity with something a bit different, you can join one or more of St George’s many and varied societies. The arts are well represented by musical, drama and revue societies that produce regular shows. Other societies include Islamic, Hindu, Christian, Jewish, Adventure Sports, Modern Languages, Film and Photography. We also have many highly active and exciting societies for students who are interested in voluntary work within the local and wider community.

Apart from our Freshers’ events, St George’s is also famed in university circles for its RAG Week exploits. We regularly raise the highest amount of money per head for charitable causes of any university in the UK. The annual target is in excess of £100,000. The RAG Week, which is normally held in February, consists of varied events including traditional favourites such as the Valentine’s Disco and RAG Auction.

Run by students for students, we strive to provide the best possible choice of social and sporting activities and to make your life at St George’s as stress-free and pleasurable as possible. Furthermore, if we don’t offer a club or society then ULU probably will.

We look forward to seeing you during Freshers’!
**Food and drink**

**Eddie Wilson’s**
Named after the Antarctic explorer and former St George’s student Edward Wilson (1872-1912), Eddie Wilson’s on the second floor has proved to be a hit since it opened in April 2007. Relax on the leather sofas, watch TV and enjoy the food. There’s an all-day breakfast, hot pasta and other dishes, hot and cold continental sandwiches, muffins, pastries, coffee, smoothies and a whole lot more to tempt your tastebuds. Run by staff chosen by the Students’ Union, all profits go back to the Union. Eddie Wilson's uses Fairtrade products wherever possible.

**Peabodys**
At Peabodys you can sit out on the terrace when the sun is shining and enjoy their range of sandwiches, paninis, coffees, teas, cold drinks and more.

**School shop**
You can buy cold drinks, sweets, sandwiches (including Halal), ice cream and a lot more from the school shop as you drop in for your stationery, books, cards, stamps and other shopping.

**Hospital restaurant**
The hospital’s restaurant, which shares the same site, is open to hospital and University staff, patients and students. It provides a wide range of good-value hot and cold meals, snacks and drinks throughout the day, starting with breakfast. There are discounts for staff and students.

**Student Union Bar**
Just along the corridor from Eddie Wilson's is the Students' Union Bar. The bar, which was recently refurbished, features plasma screens and a large dancefloor area. Drinks are cheap, and any profits go back to the Students' Union.

**Food and drink in the local area**

Five minutes' walk from St George’s is Tooting High Street/Tooting Broadway with a Sainsbury’s supermarket, pubs, bars and a wide range of shops selling food from all over the world. If you want a non-alcoholic option there is a growing selection of coffee bars. If you like a spicy dish Tooting rivals Brick Lane for its choice of Indian restaurants. Chez Bruce is one of London's top restaurants and if you have a special occasion to celebrate it is handy for our halls of residence.
ACCOMMODATION

All international undergraduate students joining St George's from overseas who firmly accept a conditional or unconditional offer of a place at SGUL, and apply for Horton Halls by the specified deadline, are prioritised for a place in halls for their first year. We are normally able to allocate places to all students who apply, however this is not guaranteed. Those students who are unsuccessful will be added to a waiting list, and then allocated accommodation on a first-come-first-served basis.

More information can be found here (http://www.sgul.ac.uk/student-life/accommodation)

LIFE AT ST GEORGE'S AND LIVING IN LONDON

Few other capital cities anywhere in the world boast the vibrancy of cosmopolitan London. Fewer still can compare with its tremendous diversity of world-renowned historical and cultural attractions, famous shopping centres or wealth of leisure and sporting facilities. London is also, of course, a global hub of finance, business and politics.

If you want to take in a West End show, sample international cuisine, dance all night or just enjoy a quiet drink with friends London has all of this and more.

Our south west London location in Tooting offers you the best of both worlds – it is small enough to maintain a friendly, local atmosphere, but it is close enough to all the attractions of central London. You will have all the advantages of living in one of the most exciting cities in the world without all the cost!

Tooting fast facts

- Tooting Lido is the largest open air pool in the British Isles. Brad Pitt counts as one of its visitors. Scenes from the film ‘Snatch’ were filmed there
- There are more than 50 places to eat in Tooting
- There are more than 15 places of worship in Tooting, servicing four major religions
- Jimi Hendrix, The Police, The Rolling Stones and Jerry Lee Lewis have all performed at Tooting Granada, (now Gala Bingo)
- Merton Abbey Mills, a short bus ride away, is host to Abbeyfest, a Summer festival of theatre, music and comedy
- Tooting has been settled since pre-Saxon times, and its unusual name name means "the dwelling of the sons of Totas"
- Tooting has excellent public-transport links, with two tube and one train station, and multiple bus routes. This includes two night buses that run all night, offering direct access to London’s world famous night life. St George’s is five minutes from Tooting Broadway tube station, and central London and all its attractions are just 25 minutes away.

A great advantage of our Tooting location in London Transport’s Zone 3 is that students are able to access affordable accommodation within walking distance of lectures – saving you time and money getting around.
With a Student Oyster Card you get 30 per cent off tube and bus travel, and your Students’ Union card entitles you to discounts and concessions at a wide range of shops, clubs and cinemas. Plenty of museums and art galleries are free to enter, and there’s no charge for mooching through the streets and parks of this awe-inspiring city. Whatever your budget, you should be able to make London your own.

Of course, as we are St George’s, University of London, you are also free to use University of London Union facilities and services, take part in ULU events and join its clubs and societies, most of which are based in and around the city centre.

**Senior Anecdotes**

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Moyukh is a former INTO student from Canada. We asked him to tell us about a typical week as a second year student on the International Medicine BSc MBBS6 programme at St George’s.

**Clinical placements at St George's, University of London**

[http://www.youtube.com/watch?v=OCCIshM8xFL](http://www.youtube.com/watch?v=OCCIshM8xFL)

**My week as an MBBS student: St George's, University of London**

[http://www.youtube.com/watch?v=-FXeP0TB8Oc](http://www.youtube.com/watch?v=-FXeP0TB8Oc)